## Online Supplementary Material: Study Quality Evaluation Sheet.

Highlighted fields apply to this article. First Author:
Year:
Criteria
Selection Bias (before allocation)
Randomisation
True: Computer-generated, Random Number Generation, Coin Toss (2) Die Toss (3)
Quasi: Alternation, Case record numbers, Birth dates, week
days
Allocation Concealment
Adequate: Computer allocation (e.g. central office), On-site computer, Pre-coded containers (identical), Serially numbered
envelopes
Inadequate: Open Methods, non-opaque envelopes, odd/even
number medical records, DOB, days week, Alternation, Unspecified tables, lists, random numbers, sealed envelopes
Performance Bias (during treatment)
Blinding*
*If a study is 'double-blind' it will be assumed
that the participant and HC provider are blinded.  If the study is said to be 'blinded' we will exclude it.
Participants
HC Provider
Only additional criteria: Outcome Assessor
Data Analyst
Attrition Bias (after allocation and inclusion)
Attrition Bias (after allocation and inclusion) Reports withdrawals from trial
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Reports withdrawals from trial  Per Protocol Analysis (second choice)
Reports withdrawals from trial  Per Protocol Analysis (second choice)  Intention To Treat Analysis (preferred)  Detection Bias
Reports withdrawals from trial  Per Protocol Analysis (second choice)  Intention To Treat Analysis (preferred)
Reports withdrawals from trial  Per Protocol Analysis (second choice)  Intention To Treat Analysis (preferred)  Detection Bias  Blinding of outcome assessors?
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Reports withdrawals from trial  Per Protocol Analysis (second choice)  Intention To Treat Analysis (preferred)  Detection Bias  Blinding of outcome assessors?  Validity of Outcome Tools (i.e. information on outcome tools)
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Reports withdrawals from trial  Per Protocol Analysis (second choice)  Intention To Treat Analysis (preferred)  Detection Bias  Blinding of outcome assessors?  Validity of Outcome Tools (i.e. information on outcome tools)  Selective Outcome Reporting
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